

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2025		9:30 - 10:00 AM 1 Puzzle Fun (PL) 10:30- 11:00 AM Seated Zumba (FC) 12:00 - 1:30 PM National Noon Ceremony (OB) 1:30 - 2:30 PM Canada Day Bingo (RR) 3:00 - 4:00 PM Clay n' Play (TH) Canada Day	9:15 - 10:00 AM 2 Beats around the world (RR) 10:30- 11:15AM Stretching Our Roots(FC) 1:30 - 2:30 PM Aquafit Assessment (FC) 3:00 - 3:45 PM Moments in Color (TH) 3:30 - 4:30 PM Happy Hour (BR)	9:30 - 10:00 AM 3 Scenic Journeys (HA) 10:15 - 10:45 AM Blood Pressure Checks (WO) 10:30- 11:15AM Strong as an Oak (FC) 1:30 - 2:30 PM Bingo (RR) 3:00 - 4:00 PM Book Club (BC)	9:30 - 10:00 AM 4 Meditation Mornings (TD) 10:30 - 11:15AM Living Confidently: Wholesome Wellness(RR) 1:30 - 2:30 PM Beat the Oaks (FC) 2:30 - 4:15 PM Movie: On Golden Pond(RR) 3:30 - 4:30 PM Plaza Walks! (OUTING)	9:30 - 10:00 AM 5 Summer Coffee Mornings (OB) 10:30 - 11:30 AM Bowling (FC) 1:30 - 2:30 PM Bingo(RR) 3:00 - 4:00 PM Outdoor Fun (GP)
10:30 - 11:00 AM 6 Yoga (FC) 1:30 - 2:00 PM Rosary Prayer Group (TD) 2:15 - 2:45PM Seated Volleyball (GP) 3:00 - 4:00 PM Rummy (BR) 3:30 - 4:30 PM Happy Hour (BR)	9:30 - 10:00 AM 7 Bible Study – The book of Proverbs (TD) 10:30- 11:15AM Mighty Oaks(FC) 1:30 - 2:30 PM Giant Chess (GP) 3:00 - 4:00 PM Stick by Number (OB) 6:30 - 7:30 PM Series Watch: Friends (RR)	9:30 - 10:00 AM 8 Puzzle Fun (PL) 10:30- 11:00 AM Seated Zumba (FC) 11:00- 11:30 AM Tech Treehouse (TH) 1:30 - 2:30 PM Bingo (RR) 3:00 - 4:00 PM Close-Knit Circle (KN)	9:00 - 10:00 AM 9 Aquafit Group 1(Pool) 10:30- 11:30 AM Aquafit Group 2 (Pool) 1:30 - 2:15 PM Ashley's Treehouse Creations: XL Classic Car (TH) 3:00 - 3:45 PM Moments in Color (TH) 3:45- 4:30 PM Taste Bar: Vodka Lemonade (BR)	9:30 - 10:00 AM 10 Scenic Journeys (HA) 10:30- 11:15AM Strong as an Oak (FC) 1:30 - 2:30 PM Bingo (RR) 2:30 - 3:15 PM Clay n' Play (TH) 3:30 - 4:15 PM Book Club (BC)	9:00 - 9:30 AM 11 Meditation Mornings (TD) 9:30 - 10:15 AM Beats around the world (RR) 10:30 - 11:30 AM Koncert Oasis: Bob Hamilton (RR) 1:30 - 2:30 PM Beat the Oaks (FC) 2:30 - 4:15 PM Movie: Singin in the Rain (RR)	9:30 - 10:00 AM 12 Summer Coffee Mornings (OB) 10:30 - 11:30 AM Target Golf (GP) 1:30 - 2:30 PM Bingo(RR) 3:00 - 4:00 PM Giant Tic Tac Toe (GP)
10:30 - 11:00 AM 13 Mighty Oaks (FC) 1:30 - 2:00 PM Rosary Prayer Group (TD) 2:15 - 2:45PM Seated Volleyball (GP) 3:00 - 4:00 PM Bridge(BR) 3:30 - 4:30 PM Happy Hour (BR)	9:30 - 10:00 AM 14 Puzzle Fun (PL) 10:30- 11:15AM Yoga (FC) 1:00 - 3:00 PM Community Kitchen: Chocolate Milkshake (CK) 3:00 - 4:00 PM Moments in Color (TH) 6:30 - 7:30 PM Series Watch: Friends (RR)	9:30 - 10:00 AM 15 Puzzle Fun (PL) 10:30- 11:00 AM Seated Zumba (FC) 1:30 - 2:15 PM Bingo (RR) 2:30 - 3:15 PM Clay n' Play (TH) 3:30 - 4:15 PM Close-Knit Circle (KN)	9:00 - 10:00 AM 16 Aquafit Group 1(Pool) 10:30- 11:30 AM Aquafit Group 2 (Pool) 1:30 - 2:30 PM Ashley's Treehouse Creations: Rocking Centerpiece! (TH) 3:00 - 3:45 PM Beats around the world (RR) 3:30 - 4:30 PM Happy Hour (BR)	9:30 - 10:00 AM 17 Scenic Journeys (HA) 10:30- 11:15AM Strong as an Oak (FC) 1:30 - 2:30 PM Bingo (RR) 3:00 - 4:00 PM Gardening Club (TH)	9:30 - 10:00 AM 18 Meditation Mornings (TD) 10:30 - 11:15AM Outdoor Fun (GP) 1:30 - 2:30 PM Beat the Oaks (GP) 2:30 - 4:15 PM Movie: Suspicion (RR) 3:30 - 4:30 PM Summer Talks (GP)	9:30 - 10:00 AM 19 Caffeine Chronicles (OB) 10:30 - 11:30 AM Target Golf (GP) 1:30 - 2:30 PM Bingo(RR) 3:00 - 4:00 PM Giant Tic Tac Toe (GP)
10:30 - 11:00 AM 20 Yoga (FC) 1:30 - 2:00 PM Rosary Prayer Group (TD) 2:15 - 2:45PM Seated Volleyball (GP) 3:00 - 4:00 PM Euchre (BR) 3:30 - 4:30 PM Happy Hour (BR)	9:30 - 10:00 AM 21 Bible Study – The book of psalms (TD) 10:30- 11:15AM Mighty Oaks(FC) 1:30 - 2:30 PM Bocce Ball Fun (GP) 3:00 - 4:00 PM Stick by Number (OB) 6:30 - 7:30 PM Series Watch: Friends (RR)	9:45 - 10:20 AM 22 Morning Mass(RR) 10:30- 11:00 AM Seated Zumba (FC) 1:30 - 2:30 PM Bingo (RR) 2:30 - 3:30 PM Plaza Walks! (OUTING) 3:30 - 4:30 PM Close-Knit Circle (KN)	9:00 - 10:00 AM 23 Aquafit Group 1(Pool) 10:30- 11:30 AM Aquafit Group 2 (Pool) 1:30 - 2:30 PM Moments in Color (TH) 3:00 - 4:00 PM Ashley's Treehouse Creations: DIY Vinyl (TH) 3:30 - 4:30 PM Happy Hour (BR)	9:30 - 10:00 AM 24 Scenic Journeys (HA) 10:30- 11:15AM Strong as an Oak (FC) 1:00 - 1:45 PM Bingo (RR) 2:00 - 2:45 PM Clay n' Play (TH) 3:00 - 4:00 PM Oak Tunes: Group Singin Class(RR)	9:30 - 10:00 AM 25 Meditation Mornings (TD) 10:30 - 11:15AM Beats around the world (RR) 1:00 - 1:30 PM Beat the Oaks (GP) 2:30 - 3:30 PM 1950's Music Tribute (BR) 3:30 - 4:30 PM Nostalgia Dance Party (BR/GP)	9:30 - 10:00 AM 26 Summer Coffee Mornings (OB) 10:30 - 11:30 AM Target Golf (GP) 1:30 - 2:30 PM Bingo(RR) 3:00 - 4:00 PM Giant Tic Tac Toe (GP)
10:30 - 11:00 AM 27 Yoga (FC) 1:30 - 2:00 PM Rosary Prayer Group (TD) 2:15 - 2:45PM Seated Volleyball (GP) 3:00 - 4:00 PM Rummy (BR) 3:30 - 4:30 PM Happy Hour (BR)	9:30 - 10:00 AM 28 Puzzle Fun (PL) 10:30- 11:15AM Mighty Oaks(FC) 1:00 - 3:00 PM Community Kitchen: Chinese Dumplings (CK) 3:00 - 4:00 PM Moments in Color (TH) 6:30 - 7:30 PM Series Watch: Friends (RR)	9:30 - 10:00 AM 29 Puzzle Fun (PL) 10:30- 11:00 AM Seated Zumba (FC) 1:30 - 2:15 PM Bingo (RR) 2:30 - 3:15 PM Clay n' Play (TH) 3:30 - 4:15 PM Close-Knit Circle (KN)	9:00 - 10:00 AM 30 Aquafit Group 1(Pool) 10:30- 11:30 AM Aquafit Group 2 (Pool) 11:30 AM - 2:30 PM Foody Escape: Swiss Chalet (OUTING) 1:30- 2:30PM Beats around the world (RR) 3:00 - 4:00 PM Resident Townhall 4:00 - 5:00 PM Happy Hour (BR)	9:30 - 10:00 AM 31 Scenic Journeys (HA) 10:15 - 10:45 AM Blood Pressure Checks (WO) 10:30- 11:15AM Strong as an Oak (FC) 1:30 - 2:15 PM Bingo (RR) 3:00 - 4:00 PM Board Game Bash(OB)		